



# Michigan Conference of Teamsters Welfare Fund Individual Request for Confidential Communications of Protected Health Information

## Section #1: Individual Information

Name \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Please Print MM / DD / YR

Contract Number \_\_\_\_\_ or Social Security Number \_\_\_\_\_  
(Found on ID card)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Telephone Number \_\_\_\_\_ E-mail \_\_\_\_\_

## Section #2: Confidential Communications

I am requesting that the Michigan Conference of Teamsters Welfare Fund (the Fund) communicate in the alternative manner and/or location described below regarding health information (information that constitutes protected health information as defined in the Privacy Rule of the Administrative Simplification provisions of the Health Insurance Portability and Accountability Act of 1996) for the identified individual in Section #1. Such restriction is necessary to prevent a disclosure that could endanger the individual identified in Section #1. I understand that the Fund may deny this request if it imposes an unreasonable administrative burden.

Description of the Health Information that Must be Communicated Confidentially. The following is a description of the specific health information to which this request applies:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Alternative Manner and/or Location. I request that the Fund only communicate in the following manner and/or at the location described below:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Section #3: Personal Representative**

I, \_\_\_\_\_ (print name), have reviewed this form and understand its contents. By signing this form, I am confirming that it accurately reflects my wishes.

Signature \_\_\_\_\_ Date of Signature \_\_\_\_/\_\_\_\_/\_\_\_\_  
MM / DD / YR

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

I am the personal representative for the member.\*

*\*Note: If you are a personal representative of the individual and you are completing this form on behalf of the individual, you must complete Section #4. Personal representative means a person with legal authority (under State or applicable law) to act on behalf of the individual in making health care decisions.*

**Section #4: Personal Representative**

If signed by a personal representative, complete the following:

Name of personal representative: \_\_\_\_\_  
(print name)

Name of individual you are representing: \_\_\_\_\_  
(print name)

Relationship to individual or nature of authority (e.g., health care power of attorney, guardian, other statutory authorization):  
\_\_\_\_\_  
*Note: If other than natural parent of a minor child, valid and current proof of legal relationship as personal representative must be provided.*

Personal Representative Contact Information

Address: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

\_\_\_\_\_ E-mail: \_\_\_\_\_

Signature of Personal Representative \_\_\_\_\_ Date of Signature \_\_\_\_/\_\_\_\_/\_\_\_\_  
MM / DD / YR

*Submit Form to:* **Privacy Officer  
Michigan Conference of Teamsters Welfare Fund  
2700 Trumbull Avenue  
Detroit, MI 48216**

*Or Fax to:* **313-496-2943**